

Bluelady's Recipes

Cooked Apples with Cloves

Ingredients:

1 whole sweet apple, cored & peeled

5 whole cloves
1/4 cup of purified water

Procedure:

1. Dice apple into small pieces.
2. Place cloves, apples and water in a covered pot.
3. Cook apples until they are soft.
4. Discard the cloves, cool slightly, and enjoy.

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